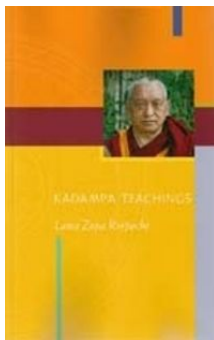


# KADAMPA TEACHINGS

"The Kadampa geshe said, Look far ahead. Generate a vast mind. Don't squeeze yourself." Since your objective is to achieve enlightenment, you have to look far ahead, just as when you're traveling to somewhere very distant, you have to generate a strong determination to go there. You...



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